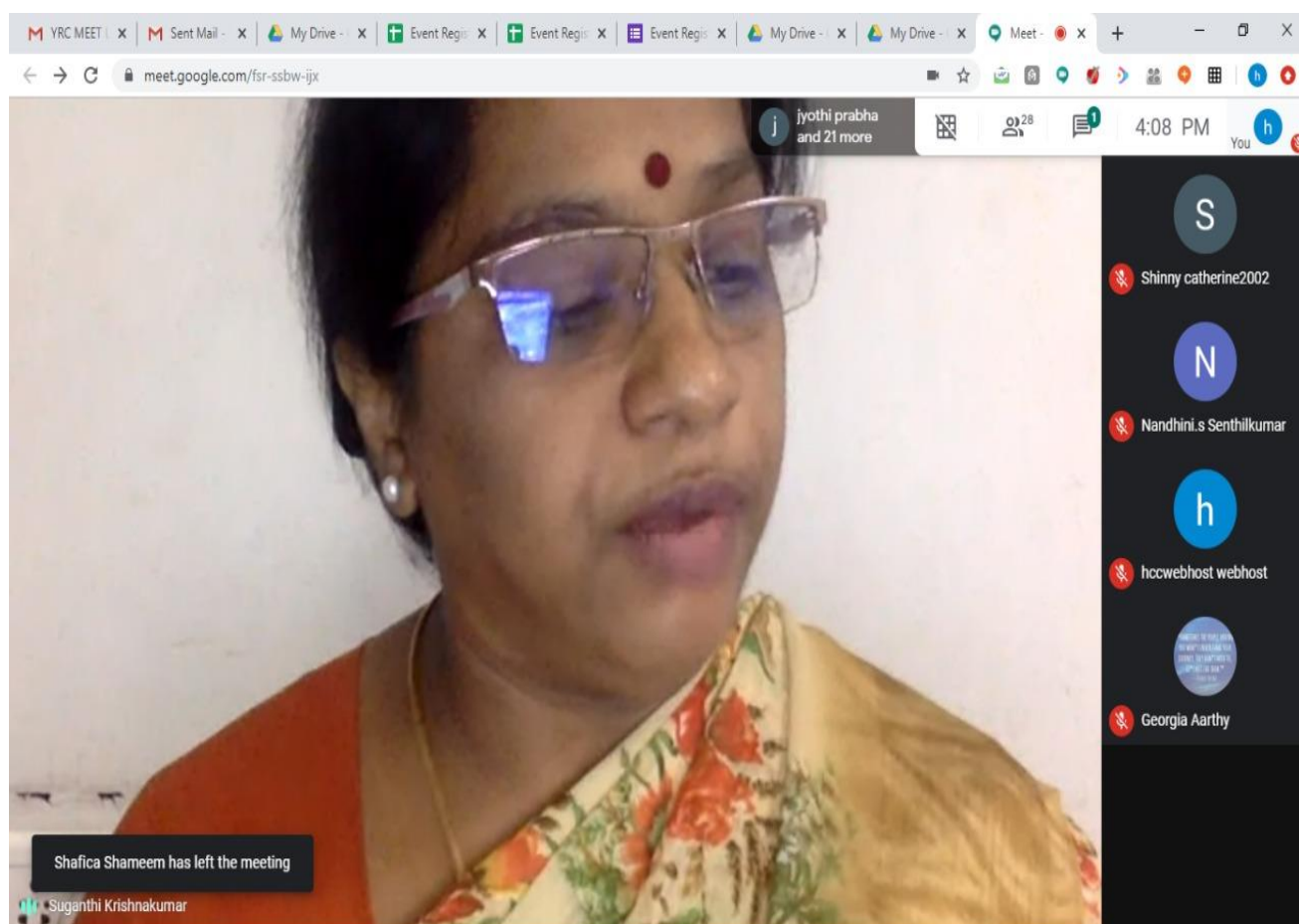


HOLY CROSS COLLEGE (AUTONOMOUS)

TRICHY

YOUTH RED CROSS WEBINAR REPORT

Youth Red Cross of Holy Cross College organized a webinar on the topic “Minding Our Minds during COVID -19” on 15th June 2020 at 4.00 pm-5.00 pm through google meet. The chief guest was Dr.L.vishalakshi MBBS.,MD., (Psychiatrist) . It was initiated by the Principal Dr. Sr. Christina Bridget. The webinar started with prayer and welcome address by Dr. K. Suganthi, Assistant Professor , Youth Red Cross Coordinator of Holy Cross College. The Primary focus of the webinar was to create awareness on mental health during the pandemic COVID – 19 situation.140 members are registered in this webinar and 36 members participated. The program was ended with the vote of thanks by Dr. A. Tony Elizabeth, YRC in -charge- Shift II.



YRC MEET LIN | M Inbox (6) - hcc | My Drive - Go | YRC Webinar F | Meet - YR | (8) WhatsApp | G youth red cro | YOUTH RED C | +

meet.google.com/fsr-ssbw-ijx

M Manjula Muralidharan is presenting

YRC WEBINAR

People (37) Chat

Suganthi Krishnakumar 4:03 PM
Kindly mute your audio and video

shalini r 4:04 PM
Yes mam

You 4:05 PM
Dear participants, kindly mute your audio and video

Tony Elizabeth 4:07 PM
Shafica mute ur audio and video

You 4:20 PM
Ask your friends who registered to join

You 4:22 PM
Kindly pin the Manjula Muralidharan Presentation

You 5:05 PM
Feedback link - <https://forms.gle/Pt5tjWlHuaU5BvMA>

Shravan Kumar Muralidhar

Send a message to everyone



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Affiliated to Bharathidasan University
Nationally Accredited (4th Cycle) with A++ Grade (CGPA 3.75/4) by NAAC
College with Potential for Excellence
Tiruchirappalli - 620 002, Tamilnadu, India.



Certificate of Participation

This is to certify that

has participated in the webinar on **“Minding our Minds During COVID - 19”**
by **Dr. L.Vishalakshi, MBBS., MD., Psychiatrist, Lalgudi Govt Hospital, Trichy, held on 15th June 2020.**


Dr. A. Tony Elizabeth
Coordinator (Shift II),
Assistant Professor,
Department of Chemistry


Dr. K. Suganthi
Coordinator (Shift I),
Assistant Professor,
Department of English


Dr. (Sr.) Christina Bridget A
Principal

NAME OF THE ACTIVITY : **“Minding Our Minds during COVID -19”**

ACTIVITIES START DATE : **15.06.2020**

NUMBER OF RESOURCE PERSONS : **1**

REPORT DESCRIPTION:

The Primary focus of the webinar was to create awareness on mental health during the pandemic COVID – 19 situation.140 members are registered in this webinar and 36 members participated. The program was ended with the vote of thanks by Dr. A. Tony Elizabeth, YRC in -charge- Shift II.

Activities end date : **15.06.2020**

Number of participants of the competition : **36**

Report name : **“Minding our minds during covid -19”**